

<p>www.eagleprep.com</p> <p>“Most people, educators included, take listening, for granted and assume it is automatic. Nothing could be further from the truth.”</p> <p>Dr. Robert M. Sherfield THE EVERYTHING SELF-ESTEEM BOOK</p>	<p>www.simpletruths.com</p> <p>“The most important thing in communication is to hear what isn’t being said.”</p> <p>Peter F. Drucker</p>
<p>www.eagleprep.com</p> <p>“Know how to listen, and you will profit even from those who talk badly.”</p> <p>Plutarch</p>	<p>www.eagleprep.com</p> <p>“We were all given one mouth and two ears. The wisest people use them in that proportion.”</p> <p>Anonymous</p>
<p>www.simpletruths.com</p> <p>“The greatest gift you can give another is the purity of your attention.”</p> <p>Richard Moss</p>	<p>www.simpletruths.com</p> <p>“Listening-Seek first to understand, then to be understood.”</p> <p>TO A CHILD LOVE IS SPELLED T-I-M-E what a child really needs from you</p>
<p>www.simpletruths.com</p> <p>“Listening with the heart hears far more than spoken words.”</p> <p>TO A CHILD LOVE IS SPELLED T-I-M-E what a child really needs from you</p>	<p>www.simpletruths.com</p> <p>“To hear the whispers beneath the surface, turn off the noise in your life and listen with your heart.”</p> <p>TO A CHILD LOVE IS SPELLED T-I-M-E what a child really needs from you</p>
<p>www.simpletruths.com</p> <p>“You must train yourself to listen for the whispers that come from your child’s heart.”</p> <p>TO A CHILD LOVE IS SPELLED T-I-M-E what a child really needs from you</p>	<p>www.simpletruths.com</p> <p>“The most called-upon prerequisite of a friend is an accessible ear.”</p> <p>Maya Angelou</p>

www.eagleprep.com

“Hearing is an automatic response while listening is a voluntary action.”

Dr. Robert M. Sherfield
THE EVERYTHING SELF-ESTEEM BOOK

www.eagleprep.com

“Hearing has little to do with choice, while listening has everything to do with choice.”

Dr. Robert M. Sherfield
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“...just because you have ears, this does not make you a listener.”

Dr. Robert M. Sherfield
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“The only real test for listening is to listen.”

Dr. Robert M. Sherfield
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www.simpletruths.com

“Listening does not just happen.”

Dr. Robert M. Sherfield
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“There is a process that takes place in the brain that allows us to become more active listeners.”

Dr. Robert M. Sherfield
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“Listening, is by far, one of the most important aspects of communicating.”

Dr. Robert M. Sherfield
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“So often, you pay attention to your speech, your words, your dialect, but neglect your ability to listen.”

Dr. Robert M. Sherfield
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www.eagleprep.com

“Your self-esteem can be greatly enhanced by learning how to be a more effective listener.”

Dr. Robert M. Sherfield
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“Effective listening helps create more positive and productive professional relationships.”

Dr. Robert M. Sherfield
THE EVERYTHING SELF-ESTEEM BOOK

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“Active listening helps you obtain more information, thus helping you make more effective decisions.”

Dr. Robert M. Sherfield
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“If you are listening, truly listening, you are involved in the process of two way communication.”

Dr. Robert M. Sherfield
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“Listening (and yes, deaf people can listen, too) is a hallmark of successful people.”

Dr. Robert M. Sherfield
THE EVERYTHING SELF-ESTEEM BOOK

www.eagleprep.com

“Things from cultural barriers to ignorance cause people to not to listen to ideas, concepts, desires, and frustrations of others.”

Dr. Robert M. Sherfield
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“Open-minded listening is a tall order.”

Dr. Robert M. Sherfield
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“The only way to ever begin to understand *what you are not* is to listen to *those who are.*”

Dr. Robert M. Sherfield
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“The Chinese character that means “to listen” is made up of the characters that mean ‘eyes,’ ‘ear,’ ‘undivided attention,’ and ‘heart.’”

Dr. Robert M. Sherfield
THE EVERYTHING SELF-ESTEEM BOOK

www.eagleprep.com

“Listening with your ears means that you understand and employ the parts of the listening process including focusing, understanding, and reacting.”

Dr. Robert M. Sherfield
THE EVERYTHING SELF-ESTEEM BOOK

www.eagleprep.com

“Listening with your eyes means that you look at the person who is talking.”

Dr. Robert M. Sherfield
THE EVERYTHING SELF-ESTEEM BOOK

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“Your undivided attention means that you have eliminated all distractions and all barriers that may cloud your ability to listen.”

Dr. Robert M. Sherfield
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“This is what listening with your heart entails, sympathy and empathy.”

Dr. Robert M. Sherfield
THE EVERYTHING SELF-ESTEEM BOOK

www.eagleprep.com

“It takes time and effort and much practice to become an active listener.”

Dr. Robert M. Sherfield
THE EVERYTHING SELF-ESTEEM BOOK

www.eagleprep.com

“It is a physical impossibility to talk and listen at the same time.”

Dr. Robert M. Sherfield
THE EVERYTHING SELF-ESTEEM BOOK

www.eagleprep.com

“Another major obstacle to listening is prejudging the situation even before the other person or persons begin to speak.”

Dr. Robert M. Sherfield
THE EVERYTHING SELF-ESTEEM BOOK

www.eagleprep.com

“Your prejudices can cause you to tune out information that may be helpful to you.”

Dr. Robert M. Sherfield
THE EVERYTHING SELF-ESTEEM BOOK

www.eagleprep.com

“Try to be patient and focus your attention on the message and not the messenger.”

Dr. Robert M. Sherfield
THE EVERYTHING SELF-ESTEEM BOOK

www.eagleprep.com

“Try to focus on the information that you need and try to ask yourself, *How can I use this information to help others and myself?*”

Dr. Robert M. Sherfield
THE EVERYTHING SELF-ESTEEM BOOK

www.eagleprep.com

“Active listening will help you in more ways than you can imagine.”

Dr. Robert M. Sherfield
THE EVERYTHING SELF-ESTEEM BOOK

www.eagleprep.com

“What a shame, what folly, to give advice before listening to the facts!”

Proverbs 18:13
New Living Translation

www.simpletruths.com

“Listening is wanting to hear.”

Jim Cathcart