

<p>“How often should you forgive the other person? Only as many times as you want God to forgive you!” Marie T. Freeman www.eagleprep.com</p>	<p>“Forgiveness is not an emotion. Forgiveness is an act of the will, and the will can function regardless of the temperature of the heart.” Corrie Ten Boom www.eagleprep.com</p>
<p>“A forgiving heart is a healthy heart.” Unknown www.eagleprep.com</p>	<p>“But Joseph told them, ... As far as I am concerned, God turned into good what you meant for evil. He brought me to the high position I have today so I could save the lives of many people.” Genesis 50:19-20 New Living Translation www.eagleprep.com</p>
<p>“6...the Lord our God said to us, ‘You have stayed at this mountain long enough. 7 It is time to break camp and move on...’ ” Deuteronomy 1:6-7 New Living Translation www.eagleprep.com</p>	<p>“Forgiveness is about letting go of your own arrogance so that you can move on with the affairs of living.” Robert M. Sherfield Ph.D. <i>The Everything Self-Esteem Book</i> www.eagleprep.com</p>
<p>“Forgiveness is about no longer allowing other people to control your emotions, for when you hold hatred and bitterness in your heart, the person for whom you harbor that hatred and bitterness controls you.” Robert M. Sherfield Ph.D. <i>The Everything Self-Esteem Book</i> www.eagleprep.com</p>	<p>“Forgiveness is about accepting that people make mistakes, costly mistakes, and that you make them too.” Robert M. Sherfield Ph.D. <i>The Everything Self-Esteem Book</i> www.eagleprep.com</p>
<p>“Forgiveness is a canceled check.” Robert M. Sherfield Ph.D. <i>The Everything Self-Esteem Book</i> www.eagleprep.com</p>	<p>“To forgive is the highest, most beautiful form of love. In return, you will receive untold peace and happiness.” Robert Muller www.eagleprep.com</p>

<p>“The Lord said ‘I will forgive their iniquity, and remember their sin no more.’” Jeremiah 31:34 King James Version www.eagleprep.com</p>	<p>“If you forgive those who sin against you, your heavenly Father will forgive you.” Matthew 6:14 New Living Translation www.eagleprep.com</p>
<p>“Those with good sense are slow to anger, and it is their glory to overlook an offense.” Proverbs 19:11 New Revised Standard Version www.eagleprep.com</p>	<p>“Disregarding another person’s faults preserves love; telling about them separates close friends.” Proverbs 17:9 New Living Translation www.eagleprep.com</p>
<p>“Communications experts suggest that conflict can actually help a relationship because it can clear the air and relieve stress.” Robert M. Sherfield Ph.D. <i>The Everything Self-Esteem Book</i> www.eagleprep.com</p>	<p>“All relationships, whether with family, friends, or spouses/partners, will have conflict.” Robert M. Sherfield Ph.D. <i>The Everything Self-Esteem Book</i> www.eagleprep.com</p>
<p>“The most serious interpersonal conflicts occur between people who truly care about each other.” Robert M. Sherfield Ph.D. <i>The Everything Self-Esteem Book</i> www.eagleprep.com</p>	<p>“Forgiveness is most important only with those you love and care about.” Robert M. Sherfield Ph.D. <i>The Everything Self-Esteem Book</i> www.eagleprep.com</p>
<p>“Forgiveness is the work of the strong. It takes strength and paramount courage to change the heart.” Robert M. Sherfield Ph.D. <i>The Everything Self-Esteem Book</i> www.eagleprep.com</p>	<p>“Researchers at Hope College and Virginia Commonwealth U. found that apologies and restitution have an immediate and positive impact on the mind and body.” Robert M. Sherfield Ph.D. <i>The Everything Self-Esteem Book</i> www.eagleprep.com</p>