

www.eagleprep.com

“Your expression is the most important thing you can wear.”  
Sid Ascher

[www.simpletruths.com](http://www.simpletruths.com)

“Your attitude almost always determines your altitude in life.”  
Zig Ziglar

www.eagleprep.com

“He is a wise man who does not grieve for the things which he has not, but rejoices for those which he has.”  
Epictetus

www.simpletruths.com

“You can’t send a duck to eagle school.”  
*You Can’t Send a Duck to Eagle School*

www.eagleprep.com

“You can’t teach someone to smile, you can’t teach personality.”  
*You Can’t Send a Duck to Eagle School*

www.simpletruths.com

“The greatest discovery of this generation is that a human being can alter their life by altering their attitude.”  
William James

www.simpletruths.com

“Destiny is not a matter of chance, it is a matter of choice. It is not a thing to be waited for, it is a thing to be achieved.”  
William Jennings Bryan

www.eagleprep.com

“...we are in charge of our attitudes.”  
Charles Swindoll

www.simpletruths.com

“Remember, no one can make you feel inferior without your consent.”  
Eleanor Roosevelt

www.simpletruths.com

“The only things that stand between a person and what they want in life are the will to try it and the faith to believe it’s possible.”  
Rich Devos

<p><a href="http://www.eagleprep.com">www.eagleprep.com</a></p> <p>“Stop your anger! Turn from your rage! Do not envy others--- it only leads to harm.”</p> <p>Psalm 37:8</p> <p>New Living Translation</p>	<p><a href="http://www.eagleprep.com">www.eagleprep.com</a></p> <p>“Life is too short to spend it being angry, bored, or dull.”</p> <p>Barbara Johnson</p>
<p><a href="http://www.eagleprep.com">www.eagleprep.com</a></p> <p>“It is true that when pride releases energies and serves as a spur to achievement, it can lead to a reconciliation with the self and the attainment of genuine self-esteem.”</p> <p>Eric Hoffer</p> <p>The Passionate State of Mind</p>	<p><a href="http://www.simpletruths.com">www.simpletruths.com</a></p> <p>“Exercise is a small price to pay for a healthy body and a healthy attitude.”</p> <p><i>The Nature of Success</i></p>
<p><a href="http://www.simpletruths.com">www.simpletruths.com</a></p> <p>“Keep your face to the sunshine, and you will not see the shadows.”</p> <p>Helen Keller</p>	<p><a href="http://www.simpletruths.com">www.simpletruths.com</a></p> <p>“Behind me is infinite power. Before is endless possibility. Around me is boundless opportunity. Why should I fear?”</p> <p><i>The Nature of Success</i></p>
<p><a href="http://www.simpletruths.com">www.simpletruths.com</a></p> <p>“Winning is a habit.</p> <p>Watch your thoughts, they become your beliefs.</p> <p>Watch your beliefs, they become your words.</p> <p>Watch your words, they become your actions.</p> <p>Watch your actions, they become your habits.</p> <p>Watch your habits, they become your character.”</p> <p>Vince Lombardi</p>	<p><a href="http://www.simpletruths.com">www.simpletruths.com</a></p> <p>“Security is mostly a superstition. It does not exist in nature, nor do the children of men as a whole experience it. Avoiding danger is no safer in the long run than outright exposure. Life is either a daring adventure or nothing.”</p> <p>Helen Keller</p>
<p><a href="http://www.simpletruths.com">www.simpletruths.com</a></p> <p>“Mental toughness is many things and rather difficult to explain. It’s qualities are sacrifice and self-denial. Also, most importantly, it is combined with a perfectly disciplined will that refuses to give in. It’s a state of mind---you could call it ‘character in action.’”</p> <p>Vince Lombardi</p>	<p><a href="http://www.simpletruths.com">www.simpletruths.com</a></p> <p>“Whatever the mind can conceive and believe, it can achieve.”</p> <p>Napoleon Hill</p> <p><i>Think and Grow Rich</i></p>

<p><a href="http://www.simpletruths.com">www.simpletruths.com</a></p> <p>“Nothing can stop the man with the right mental attitude...and nothing can help the man with the wrong mental attitude.”</p> <p>Thomas Jefferson</p>	<p><a href="http://www.simpletruths.com">www.simpletruths.com</a></p> <p>“A pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty.”</p> <p>Winston Churchill</p>
<p><a href="http://www.simpletruths.com">www.simpletruths.com</a></p> <p>“The discontented man finds no easy chair.”</p> <p>Ben Franklin</p>	<p><a href="http://www.simpletruths.com">www.simpletruths.com</a></p> <p>“Attitudes are nothing more than habits of thoughts, and habits can be acquired. An action repeated becomes an attitude realized.”</p> <p>Paul Myer</p>
<p><a href="http://www.simpletruths.com">www.simpletruths.com</a></p> <p>“Ability is what you’re capable of doing. Motivation determines what you do. Attitude determines how well you do it.”</p> <p>Lou Holtz</p>	<p><a href="http://www.simpletruths.com">www.simpletruths.com</a></p> <p>“Luck is partly the residue of design, the simple act of being prepared for luck when it arrives...Luck follows speed. Move and luck finds you. Move quickly and it finds you more often.”</p> <p>Darrel Royal</p>
<p><a href="http://www.eagleprep.com">www.eagleprep.com</a></p> <p>“A child’s formative years are the most important for instilling the right attitudes.”</p> <p>John Maxwell</p>	<p><a href="http://www.eagleprep.com">www.eagleprep.com</a></p> <p>“Attitude is the mind’s paintbrush; it can color any situation.”</p> <p>Barbara Johnson</p>
<p><a href="http://www.eagleprep.com">www.eagleprep.com</a></p> <p>“Wealth is more often the result of a lifestyle of hard work, perseverance, planning, and, most of all, self-discipline.”</p> <p>Stanley &amp; Danko <i>THE MILLIONAIRE NEXT DOOR</i></p>	<p><a href="http://www.eagleprep.com">www.eagleprep.com</a></p> <p>“The quality of ideas seems to play a minor role in mass movement leadership. What counts is the arrogant gesture, the complete disregard of the opinion of others, the single handed defiance of the world.”</p> <p>Eric Hoffer The True Believer</p>

<p>“Short-tempered people must pay their own penalty. If you rescue them once, you will have to do it again.”  Proverbs 19:19  New Living Translation  <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>	<p>“A person without self-control is as defenseless as a city with broken-down walls.”  Proverbs 25:28  New Living Translation  <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>
<p>“A fool gives full vent to anger, but a wise person quietly holds it back.”  Proverbs 29:11  New Living Translation  <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>	<p>“A relaxed attitude lengthens life; jealousy rots it away.”  Proverbs 14:30  New Living Translation  <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>
<p>“A cheerful look brings joy to the heart, and good news gives health to the bones.”  Proverbs 15:30  New International Version  <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>	<p>“Patience in a moment of anger can save you a thousand days of pain.”  Chinese Proverb  <i>THE EVERYTHING SELF-ESTEEM BOOK</i>  <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>
<p>“So think clearly and exercise self-control...”  I Peter 1:13  New Living Translation  <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>	<p>“Therefore, prepare your minds for action; be self-controlled;...”  I Peter 1:13  New International Version  <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>
<p>“Keep an open mind to all possibilities, large and small.”  Robert M. Sherfield, Ph.D.  <i>THE EVERYTHING SELF-ESTEEM BOOK</i>  <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>	<p>“People who do not develop and practice good thinking often find themselves at the mercy of their circumstances.”  John Maxwell  <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>

<p>“Regardless of what came before or what has yet to come, what matters most right now is how I choose to respond to the challenge before me. Will I lie down or will I fight? The choice is mine and I choose to finish strong.”</p> <p>Dan Green <i>Finish Strong</i> <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>	<p>“Life is 10 percent what you make it and 90 percent how you take it.”</p> <p>Irving Berlin <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>
<p>“How you respond to the challenge in the second half will determine what you become after the game, whether you are a winner or loser.”</p> <p>Lou Holtz <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>	<p>“Limited quantities or limited time brings a new, precious value and significance to anything you do.”</p> <p>Miles Ripern Levin <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>
<p>“Nobody who ever gave his best regretted it.”</p> <p>George Halas <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>	<p>“No pessimist ever discovered the secrets of the stars, or sailed to an uncharted land, or opened a new doorway for the human spirit.”</p> <p>Helen Keller <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>
<p><b>“An optimist stays up until midnight to see the new year in. A pessimist stays up to make sure the old year leaves.”</b></p> <p>Bill Vaughn <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>	<p><b>“Optimism is the faith that leads to achievement.”</b></p> <p>Helen Keller <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>
<p>“I now begin the journey that will lead me into the sunset of my life. I know that for America there will always be a bright dawn ahead.”</p> <p>Ronald Reagan <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>	<p>“ ‘The Buddhists say, when the student is ready, the teacher will appear.’ ”</p> <p>Ken Blanchard Gung Ho <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>

<p>“Motivation will almost always beat mere talent!”</p> <p>Norman Augustine  <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>	<p>“Things turn out best for the people who make the best of the way things turn out.”</p> <p>John Wooden  <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>
<p>“A pessimist is one who makes difficulties of his opportunities and a optimist is one who makes opportunities of his difficulties.”</p> <p>Harry Truman  <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>	<p>“I am in politics because of the conflict between good and evil, and I believe that in the end good will triumph.”</p> <p>Margaret Thatcher  <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>
<p>“To wear your heart on your sleeve isn’t a very good plan; you should wear it inside, where it functions best.”</p> <p>Margaret Thatcher  <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>	<p>“An optimist is a person who sees a green light everywhere, while the pessimist sees only the red stoplight. The truly wise person is color blind.”</p> <p>Albert Schweitzer  <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>
<p>“So much of life is about attitude and how we handle what life throws our way. Life is good – even when a situation appears to be the worst.”</p> <p><i>365 Energy Boosters</i>  <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>	<p>“The only limit to our realization of tomorrow will be our doubts of today.”</p> <p>Franklin D. Roosevelt  <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>
<p>“Life is one grand, sweet song, so start the music.”</p> <p>Ronald Reagan  <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>	<p>“There are no such things as limits to growth, because there are no limits to the human capacity for intelligence, imagination, and wonder.”</p> <p>Ronald Reagan  <a href="http://www.eagleprep.com">www.eagleprep.com</a></p>

<p>“I cannot discover that anyone knows enough to say definitely what is and what is not possible.”</p> <p>Henry Ford</p> <p><a href="http://www.eagleprep.com">www.eagleprep.com</a></p>	<p>“Anybody can do anything that he imagines.”</p> <p>Henry Ford</p> <p><a href="http://www.eagleprep.com">www.eagleprep.com</a></p>
<p>“We must become the change we want to see in the world.”</p> <p>Mahatma Gandhi</p> <p><a href="http://www.eagleprep.com">www.eagleprep.com</a></p>	<p>“My interest is in the future ... because I’m going to spend the rest of my life there.”</p> <p>Charles Kettering (1876-1958)</p> <p><a href="http://www.eagleprep.com">www.eagleprep.com</a></p>
<p>“Nobody gets to live life backward. Look ahead—that’s where your future lies.”</p> <p>Ann Landers</p> <p><a href="http://www.eagleprep.com">www.eagleprep.com</a></p>	<p>“My fellow Americans, ask not what your country can do for you, ask what you can do for your country.”</p> <p>John F. Kennedy</p> <p><a href="http://www.eagleprep.com">www.eagleprep.com</a></p>
<p>“The American, by nature, is optimistic. He is experimental, an inventor and a builder who builds best when called upon to build greatly.”</p> <p>John F. Kennedy</p> <p><a href="http://www.eagleprep.com">www.eagleprep.com</a></p>	<p>“There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.”</p> <p>Albert Einstein</p> <p><a href="http://www.eagleprep.com">www.eagleprep.com</a></p>
<p>“Weakness of attitude becomes weakness of character.”</p> <p>Albert Einstein</p> <p><a href="http://www.eagleprep.com">www.eagleprep.com</a></p>	<p>“Americans live with a positive attitude.”</p> <p>Hal Moore</p> <p><a href="http://www.eagleprep.com">www.eagleprep.com</a></p>